REFERENCE GUIDE TO ADVOCARE SCIENCE

WWW.ADVOCARE.COM/SCIENCE

WHAT INFORMATION CAN BE FOUND AT ADVOCARE.COM/SCIENCE?

- Quality & Safety
- Nutrient Glossary
- Scientific & Medical Advisory Board
- Informed-Choice Certification
- FAQs

\bigcirc **INGREDIENT SEARCH ENGINE**

To find AdvoCare products containing a certain ingredient, enter the ingredient you wish to find into the search engine on the right of the navigation menu.

E NUTRIENT GLOSSARY

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The nutrient glossary contains a reference of various nutrient descriptions and their benefits.

PRINTING INGREDIENTS & LABELS

How to print Product Ingredient Lists found on the Product Facts Panel:

- 1. Click PRODUCTS on the top navigation bar.
- 2. Select a product line from Trim, Active, Well or Performance Elite.
- 3. Then click on a product name.
- 4. Once on the product page, click view/print Nutrition Facts or Supplement Facts
- 5. The resulting Nutrition Facts or Supplement Facts Panel can be printed or saved using your browser menu.

INFORMED-CHOICE TESTING



You can find general information about the INFORMED-CHOICE program and a listing of AdvoCare products certified by INFORMED-CHOICE to be bannedsubstance free.

FREQUENTLY ASKED QUESTIONS

- 1. Do any AdvoCare products interfere with medications?
- 2. At what age may I use AdvoCare products?
- 3. Can I take AdvoCare products if I'm pregnant?
- 4. Are AdvoCare products appropriate for individuals who are gluten intolerant?
- 5. What sweeteners does AdvoCare use in its products?
- 6. Do AdvoCare products contain animal by-products?

Find more FAQs at AdvoCare.com/science

We suggest consulting a physician before starting an AdvoCare product regimen, especially if you:

- are taking medications
- are pregnant or nursing
- have a medical condition

WHY USE SUPPLEMENTS

Can supplements diagnose, treat, cure or prevent disease?

Supplements are intended to fill the nutritional gaps to enhance optimal health.

Only a person's licensed physician can diagnose and give advice for treating, curing or preventing disease or a medical condition. Unlike drugs, supplements are not intended for this purpose.

Before taking any AdvoCare products, consult your healthcare professional for advice regarding potential drug-nutrient interactions and dietary supplements that may be appropriate for your use.

MEDICAL CLAIMS: DOs & DON'Ts

DO NOT SAY

ImmunoGuard[™]

treated my cold.

Spark[®] cures ADD/ADHD.



ALWAYS stick to the product claims found on the

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DO SAY

ImmunoGuard[™] supports the immune system.*

energy and focus.*

Spark[®] enhances mental